



PLAYING OUR WAY TO LITERACY

Read Write Talk Sing Play

MONDAY

Build a fort with blankets, sheets, pillows, and cushions. Hide inside it and then climb over it like a monster.

TUESDAY

See if your child can beat his best time while doing crab walk, wheelbarrow, hopping, or animal races.

WEDNESDAY

Play monster in the middle. The "monster" can growl and screech while they try to steal the ball from two people playing catch.

THURSDAY

Have a dance party and freeze when the music randomly is paused.

FRIDAY

Set up an outdoor pouring station with cups, bowls, funnels, scoops, and spoons. Fill a plastic dish bin with water and let the wet fun begin.

SATURDAY

Have a sock matching race by using basket full of clean socks that need to be paired. Whoever gets the most pairs wins.

SUNDAY

Play dress up parade. Dress up and walk around the house waving as if you are in a parade.

LITERACY TIP:

Exercise is a great way to build self esteem that transfers into learning. Kids with a healthy self image grow confidence when trying new challenges like reading.